



RULES AND REGULATIONS 2025

Updated on November 11, 2024 - Provisional Version



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REGOLAMENTO BOLOGNA MARATHON IN TRAIL 2025

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Art. 1 - General Information

BOLOGNA SPORT MARATHON S.S.D. A R.L. organizes the **BOLOGNA MARATHON IN TRAIL**, a competitive trail running race.

- 43km 1400D+* (ultra course) FIDAL and CSI competitive
- 30km 1100D+* (long course) FIDAL competitive, CSI Provincial, CSI Regional
- 15km 550D+* (short course) FIDAL competitive, CSI Provincial, CSI Regional
- 15km 550D+* (short course) CSI non-competitive
- 7.5km Night Village Run – CSI non-competitive

*The distances and elevation gains may change based on weather conditions and course safety.

The race will take place on **Saturday and Sunday, May 17-18, 2025**, starting from **VILLAGGIO DELLA SALUTE PIÙ** - Via Sillaro, 27, 40050 Monterenzio (BO).

Saturday, May 17, 2025

- START 7.5km at 7:00 p.m.

Sunday, May 18, 2025

- START 43km and 30km at 8:30 a.m.
- START 15km at 9:00 a.m.

Registrations will remain open until a maximum of **750 athletes** is reached. The program and schedule will be published on the official event website.

Art. 2 – Participation

DISTANCES – 43km, 30km, and 15km COMPETITIVE

The race is open to all athletes with a valid medical certificate for competitive sports with high cardiovascular demand, specifying Athletics, issued by a sports medicine doctor and valid on the day of the race. Participants must be born in 2005 or earlier for the 43km and 30km races (ultra and long courses), and born in 2005 or earlier for the 15km race (short course).



Specifically, in accordance with Article 34 of the FIDAL Regulations for the Organization of Non-Stadia Events, all athletes belonging to one of the following categories may participate:

- All male/female athletes, Italian and foreign, registered with FIDAL-affiliated clubs and Sports Promotion Bodies (EPS) that have signed the new agreement with FIDAL, or in possession of a valid Runcard EPS issued before March 31, 2024, and holding a valid competitive medical certificate for Athletics, in compliance with 2025 registration requirements.
- All male/female athletes, Italian and foreign, in possession of a valid Runcard and a competitive medical certificate for Athletics.

IMPORTANT NOTE: EPS and Runcard members must submit a valid medical certificate for competitive Athletics, which will be checked and retained by the organizing committee.

IMPORTANT: Those who are not currently affiliated with any organization must register with the CSI (Centro Sportivo Italiano), to which our society is affiliated, through the portal: <https://iscrizioni.csi-net.it/040/28679>, before completing the registration for the Bologna Marathon in Trail.

Please note that participation in the Provincial and/or Regional Championship requires CSI membership.

Registration is, in any case, subject to completing the registration on the website www.bolognamarathon.run or at the registration points indicated by the organization.

The medical certificate for non-Italian residents can be issued in their own country, but the following tests must be performed in compliance with Italian regulations: a) medical examination;
b) complete urine analysis;
c) resting and exercise ECG;
d) spirometry or presentation of a competitive fitness certificate.

The race is held on a course with mixed terrain, in accordance with the International Technical Regulations (ITR) - Section VIII – Cross Country, Mountain Running, and Trail Running, Rule 57.1 of the ITR.

DISTANCES – 15km and 7.5km NON-COMPETITIVE

The 15km and 7.5km distances are recreational walks sponsored by the CSI (Centro Sportivo Italiano) Bologna Committee. These are non-competitive events with no individual rankings, to be considered as "recreational activities as per Regional Council Resolutions n. 775/2004 and n. 9/2005" and subsequent amendments. As such, no competitive medical certificate is required, but daily FreeSport CSI membership is mandatory.

Registration is subject to completion via the website www.bolognamarathon.run or at the registration points designated by the organizers.

FOR ALL DISTANCES AND ACTIVITIES, COMPETITIVE AND NON-COMPETITIVE

Each participant must have appropriate clothing, and technical shoes with well-marked soles (trail running) are recommended. Participants of each distance should carefully read the article regarding mandatory equipment.

To participate, it is essential to:

- Be fully aware of the race length, technical difficulties, and specific challenges, and be physically prepared to face them.
- Have gained real personal autonomy to manage challenges created by this type of race, particularly:
 - Being able to handle difficult weather conditions (wind, cold, rain, or snow) without external help.
 - Managing physical or mental issues caused by fatigue, digestive problems, muscle or joint pain, minor injuries, etc.
 - Be fully aware that the organization is not responsible for supporting the participant in managing these challenges, which are directly related to the nature of the sport.
 - Be fully aware that safety in this natural environment depends largely on the runner's ability to adapt to unforeseen or predictable issues.

Art. 3 – Registration & Groups

Online registrations will close on **May 15, 2025**, or earlier if the maximum of 750 participants is reached, divided as follows:

- 43km: 100 participants
- 30km: 150 participants
- 15km: 250 competitive participants + 150 non competitive participants
- 7.5km: 100 participants

Registration Fees

For registration instructions, follow the guidelines on the website www.bolognamarathon.run.

- **43km 1400D+ competitive FIDAL, CSI**
 - Until February 18, 2025: €45
 - Until April 22, 2025: €55
 - From April 23, 2025, until registration closes: €60
- **30km 1100D+ competitive FIDAL, CSI Provincial, CSI Regional**
 - Until February 18, 2025: €35
 - Until April 22, 2025: €45
 - From April 23, 2025, until registration closes: €50

- **15km 550D+ competitive FIDAL, CSI Provincial, CSI Regional**
 - Until February 18, 2025: €20
 - Until April 22, 2025: €30
 - From April 23, 2025, until registration closes: €35

- **15km 550D+ non-competitive CSI**
 - Until February 18, 2025: €15
 - Until April 22, 2025: €25
 - From April 23, 2025, until registration closes: €30

- **7.5km Night Village Run non-competitive CSI**
 - Until April 22, 2025: €10€ adults (18+) - 5€ Youth (12-17 years)
 - From April 23, 2025, until registration closes:
 - Adults (18+): €15
 - Youth (12-17): €5

The registration fee includes:

- Registration fee
- Race bib
- Timing chip
- Assistance and refreshments along the course
- Race pack
- Parking

Groups

For registration to the Bologna Marathon in Trail 43km-30km-15km, a group is defined as a set of athletes belonging to the same sports club, regularly affiliated with FIDAL and/or EPS for the current year. Registrations must be completed exclusively online, following the instructions on www.bolognamarathon.run.

Sports clubs registering 10 or more athletes (regardless of distance) will receive a €5 discount per athlete on the registration fee valid at the time of registration.

IMPORTANT FOR GROUPS: Discount codes and promotions for the event CANNOT be combined or applied to groups. For more information, email info@bolognamarathon.run.

IMPORTANT: All required documentation to complete the registration must be uploaded in the designated reserved area at the time of online registration.



Art. 4 – Start

43km and 30km

Participants must arrive by 8:00 a.m. on **Sunday, May 18, 2025**. The race will start at 8:30 a.m. after all participants have been checked. The organization is not responsible for any unattended personal belongings.

15km

Participants must arrive by 8:30 a.m. The race will start at 9:00 a.m. after all participants have been checked.

7.5km

Participants must arrive by 7:00 p.m. on **Saturday, May 17, 2025**.

Art. 5 – Awards

Awards will be given to:

- The top 5 male finishers in the individual rankings for the 43km, 30km, and 15km distances.
- The top 5 female finishers in the individual rankings for the 43km, 30km, and 15km distances.

Awards are not cumulative. Winners must collect their prizes during the awards ceremony at the end of the event. Prizes will not be distributed after the event.

The 30km and 15km distances are valid for the **CSI Provincial Championship (Centro Sportivo Italiano)** in Bologna and the **CSI Regional Championship** in Emilia-Romagna.

Art. 6 - Routes

The Bologna Marathon in Trail is a race not to be missed for anyone looking to challenge themselves on a course that winds through the heart of the Sillaro, Idice, and Santerno valleys, stretching towards the Tuscan-Emilian Apennines, straddling Emilia, Romagna, and Tuscany. Nature has truly outdone itself, creating within the earth's core a spectacle that will never cease to amaze anyone who visits.

It's a course waiting to be discovered, without difficult sections, where you will find hiking trails and dirt roads that will excite all enthusiasts of this discipline. The terrain and elevation profile of the race make it ideal for anyone wanting to try mountain running for the first time. This is a unique experience and opportunity.

Good physical preparation is required, as well as caution when tackling downhill sections to avoid excessive speed. It is also important to evaluate whether your athletic and technical skills are sufficient for the effort required.



The course will be marked with visible signs and flags, and leaving the marked route is strictly forbidden. The organizing committee reserves the right to modify the course and/or program due to causes beyond the organizers' control (e.g., weather conditions).

Given the nature of the course, the committee also declines all responsibility for any incidents involving participants or damage to persons and/or property, before, during, or after the race.

Art. 7 – Safety, Control, and Weather

There will be personnel stationed along the course responsible for safety operations, in contact with the race's organizing committee.

Medical assistance will be provided by specialized medical teams and vehicles.

There will be control points that participants must pass through; failure to do so will result in disqualification.

In case of severe weather conditions (heavy fog, snowstorms, thunderstorms), the organizers reserve the right to make last-minute changes to the course to eliminate potential dangers or discomfort for participants. Any changes will be communicated to participants and indicated by staff. The organization also reserves the right to suspend or cancel the race if weather conditions pose a risk to the safety of participants, volunteers, or rescuers.

Art. 8 - Time Limit and Cutoff Points

43KM DISTANCE

The maximum time to reach the finish line is **9 hours**. There will be a "sweep service" that will follow the last participant to assist those who retire and ensure no injured participants are left without help. The 43km course will have the following cutoff points:

- 11km cutoff: **2 hours** (by 10:30 a.m.)
- 22.5km cutoff: **4 hours** (by 12:30 p.m.)
- 29.5km cutoff: **5.5 hours** (by 2:00 p.m.)

Participants arriving after these cutoffs will be stopped or diverted to the 30km or 15km course.

30KM DISTANCE

The maximum time to reach the finish line is **6 hours**. There will be a "sweep service" that will follow the last participant. The 30km course will have the following cutoff points:

- 11km cutoff: **2 hours** (by 10:30 a.m.)
- 16km cutoff: **3 hours** (by 11:30 a.m.)

Participants arriving after these cutoffs will be stopped or diverted to the 15km course.

For safety reasons and to ensure the event's success, the organization may modify the current cutoff times, add new cutoffs, or change the maximum time allowed to finish the race.



Art. 9 - Refreshment Stations and Post-Race

Considering the length of the courses and their challenges, the following refreshment points will be available:

- **Ultra 43km course:** 6 refreshment stations.
- **Long 30km course:** 4 refreshment stations.
- **Short 15km course:** 2 refreshment stations.

Athletes must not litter along the course and must use the designated waste bins located at the refreshment points.

There will be a final refreshment point for all athletes at the end of the race.

It is strictly forbidden to leave any materials along the course. Violators will be disqualified. Trash cans will be provided at the refreshment stations for any waste.

No plastic cups will be available at any of the refreshment stations.

Art. 10 - Complaints

Any complaints must be submitted to the race organization within **30 minutes** of the results being posted. In keeping with the spirit of the race, athletes are encouraged to demonstrate full fairness.

Art. 11 - Disclaimer of liability

By registering for the BOLOGNA MARATHON IN TRAIL, the athlete declares that they are fully aware of and unconditionally accept these regulations, and acknowledges that participating in sporting events, in general, is a potentially risky activity. The athlete also declares that they assume all risks associated with their participation in the event: falls, contact with vehicles, other participants, spectators, or other obstacles, weather conditions, traffic, road conditions, and all types of risks, known and evaluated.

By submitting the online registration form, the athlete releases the Organization, the Municipal Administration, the Regional Administration of Emilia Romagna, all event sponsors, and their respective representatives, successors, officers, directors, members, agents, and employees from all present and future claims or liabilities of any kind, including for damage to persons and/or property, known or unknown, arising from their participation in the event.

Additionally, by submitting the online registration form, the athlete declares that they are not aware of any pre-existing medical conditions or injuries that could pose a risk during the event. The athlete also certifies that they have no sports, civil, or criminal sanctions for doping and declares that they have not taken – and will not take – any substances included in the World Anti-Doping Agency's (WADA) banned substance list. Under current federal regulations, participants may be subject to anti-doping tests by the relevant authorities.

Art. 12 – Privacy and Image Rights

Regarding the processing of their personal data, the athlete, by checking the appropriate box on the online registration form, declares that they have read and accepted the information provided under Article 13 of EU Regulation 679/2016 ("GDPR"). The athlete's data must be complete, up-to-date, and legible, even for insurance purposes.

The data, as detailed in the Privacy Policy, may also be communicated and processed by third parties offering services related to the competition, such as timing services, result announcements, and photography or videography services. These third parties will act as "external data processors" under Article 28 of the GDPR, or in some cases, as "data controllers" under Article 14 of the GDPR, with prior notice.

The race will be subject to audiovisual recordings, and images, photos, videos, and audio or video recordings may be communicated, published, or disseminated in any form. The athlete expressly authorizes the Organization and its professional and commercial partners to acquire the right to use these images for promotional or advertising purposes, free of charge, on any visual medium, for the maximum period allowed by current law.

By acknowledging the Privacy Policy, the participant accepts the data processing described, which does not require consent. They retain the rights provided under Articles 15 and following of the GDPR, which they may exercise at any time. Additional information about personal data processing can be found on the event website: [Privacy Policy](#).

Art. 13 - Services

The services available to athletes (bag deposit, changing rooms, refreshment stations, etc.) will be communicated and confirmed before the event.

Art. 14 - Miscellaneous

The organizing company reserves the right to modify or replace any articles of these regulations at any time, giving adequate notice.



Art. 15 – Cancellation & Course Change

Cancellation

In case of injury or inability to participate due to serious personal reasons, the participant must send a cancellation request to info@bolognamarathon.run by May 9, 2025.

If the event is canceled, athletes can choose to either receive a refund of the registration fee (minus a €10 deduction) or transfer their registration to the 2026 edition without any additional cost. No refund is provided if the organization is forced to modify the course and program due to adverse weather conditions and/or to ensure the participants' safety.

No refund will be issued if the cancellation is not attributable to the organization (e.g., adverse weather conditions).

If the race is canceled due to force majeure up to **10 days before the event**, the organization reserves the right to refund **50%** of the paid registration fee. This percentage is justified by the many expenses already incurred by the organization, which cannot be recovered. If the race is interrupted or canceled due to weather conditions or any other reason beyond the control of the organization, no refund will be due to participants.

Course Change

Once registered, it is possible to request a course change **no later than May 2, 2025**:

- By paying the difference (payment methods will be communicated in the confirmation email) if upgrading to a longer distance.
- With no refund for the excess fee if downgrading to a shorter distance.

Please communicate such requests by emailing info@bolognamarathon.run with the necessary details. The organization reserves the right to approve requests based on availability. Please note that confirming the course change does not automatically guarantee a change in the race kit, which will depend on actual availability. Participants who run a different course than the one they registered for will be disqualified.

Art. 16 – Equipment

The following must be carried throughout the race for the 43km and 30km distances:

MANDATORY FOR 43km-30km DISTANCE:

- Trail running shoes
- 500ml water reserve (bottles, hydration packs, Camelbak, etc.)
- Whistle
- Windproof or waterproof jacket
- Fully charged mobile phone in power-saving mode with the emergency number provided by the organization
- Bandana or hat
- Eco-cup

STRONGLY RECOMMENDED FOR 30km DISTANCE:

- Food reserve (energy bar, gel, etc.)
- Money for emergencies
- Long-sleeved shirt or arm warmers

The following must be carried throughout the race for the 15km distance:

MANDATORY FOR 15km DISTANCE:

- Running or trail running shoes*
- Windproof or waterproof jacket
- 500ml water reserve (bottles, hydration packs, Camelbak, etc.)
- Fully charged mobile phone in power-saving mode with the emergency number provided by the organization
- Eco-cup

STRONGLY RECOMMENDED FOR 15km DISTANCE:

- Trail running shoes
- Food reserve (energy bar, gel, etc.)
- Long-sleeved shirt or arm warmers
- Hat or bandana
- Money for emergencies
- Whistle

For both competitive distances, the use of poles is allowed.

- **The organization reserves the right to cancel the registration or disqualify participants based on the equipment they have before, during, or after the race.**
- **The organization will check the mandatory equipment of the top finishers immediately after the race and reserves the right to conduct random checks on all participants before, during, or after the race.**
- **The organization may add or remove mandatory equipment based on the expected weather conditions.**

*For trail running shoes, we mean A5-type shoes or shoes with the following sole characteristics:

- a) Maximum stud width of 1 cm
- b) Minimum stud height of 4 mm
- c) Minimum distance between studs of 4 mm

80% of the shoe sole must meet the above size conditions for the studs.



Art. 17 - Disqualifications

Immediate disqualification, including removal of the race bib, will occur for the following infractions:

- Failing to pass a control point
 - Cutting the race course
 - Receiving personal assistance outside of designated points
 - Ignoring the prohibition of being accompanied along the course
 - Littering on the course
 - Failing to assist a fellow competitor in difficulty
 - Insulting or threatening organizers or volunteers
 - Using transport during the race
 - Refusing to undergo a health check by medical staff on the course
 - Refusing to undergo mandatory equipment checks (Art. 16)
 - Missing even one item of the mandatory equipment (Art. 16)
 - Bib swapping
 - Being without mandatory equipment during a check
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Art. 18 – Timing

Electronic timing with a chip will be used. All updates will also be published on the official communication channels: the event website (www.bolognamarathon.run) and social media (<https://www.facebook.com/bolognamarathon>).

Art. 19 - Contact Information

BOLOGNA SPORT MARATHON S.S.D.A R.L.

www.bolognamarathon.run

info@bolognamarathon.run